## Deaf awareness and hearing aids

## Sound advice from hearing loss users

Many people experience problems with hearing aids, and the useful advice given is to persevere with the NHS ones.

No aids NHS or private will separate the shouty person on the next table from the one you're trying to hear.

Signing up to a private hearing aid could result in an awful lot of money being paid out. Tests have been known to be successful, but many people upon receiving such aids have been disappointed, only after returning it have been told that there is nothing wrong with the hearing aid. Could these tests be a scam? The NHS doesn't do scams, stick with them. The audiologists want to help and will adjust the aids without any quibbles.

Why do we try to hide our deafness? Advertisers who try to sell "Hidden Aids" think we should.

On the contrary, perhaps it would help if people see the hearing aids. People realise they should speak more clearly.

Do not leave it too late before using a hearing aid. The brain may gradually lose the ability to process sounds that are not getting through. By the time a hearing aid is adopted it is difficult to reverse the brain changes.